

Tarbock Medical Centre

Autumn Newsletter 2024



Missed Appointments

June 2024 **32** Wasted Appointments

July 2024 **34** Wasted Appointments

August 2024 **40** Wasted Appointments

Please contact the surgery to cancel your appointment if you cannot attend. We are doing our best to provide as many appointments as we can, and your missed appointment could have been given to someone else.

RSV Vaccine

A new vaccine has been introduced and many of you will have already received information about this and an invitation.

RSV is Respiratory Syncytial Virus is an infectious disease of the airways and lungs.

This is currently available to patients between the ages of 75-79 up until their 80th Birthday.

It is also available to patients who are in or after their 28th week of pregnancy.

For further information contact the surgery or collect a leaflet available in the surgery. Your Guide to RSV!

Seasonal Vaccines

It is flu season again and you may be entitled to a vaccine. We will be starting our flu Clinics on 3rd October and if you are eligible to receive this you will be invited to the surgery.

Covid Vaccine Boosters are also available if you meet the following criteria, adults aged 65 years and over residents in a care home for older adults.

Individuals aged 6 months to 64 years in a clinical risk group.

Covid Available at Local Pharmacy or Clinics

New Staff Members

We would like to introduce you to new members of our practice team. Olivia our paramedic who will be with us on a Friday.



Extended Hours Appointments.

We now have extended hours appointments, that are pre-bookable every other Thursday Evening at Tarbock Medical Centre between 6.30pm and 8.00pm. Please contact the surgery to book.

Appointments are also available all day on a Saturday at Whiston Health Centre Old Colliery Road. Please contact Tarbock Medical Centre to book an appointment.

Spotlight on Local Services

The Carers Trust

Are you looking after someone? This means you are a carer!

The carers trust can offer free support services. Including sign posting, counselling, benefits advice, holistic therapies or simply if you need a chat. They can also arrange a home visit if this

For more information you can ask at the surgery, or you can refer to the contact information below.

Telephone- 0151 549 1412 www.knowsleycarers.co.uk enquiries@knowsleycarers.co.uk
best support you need.

Carers Coffee Mornings!

We have recently had two successful coffee morning for our carers at Tarbock, this has given carers an opportunity to access new services and meet other carers and share experiences!.

Contact Cheryl at the surgery for more information on joining these mornings.

Antibiotic Prescribing

Just a gentle reminder that Antibiotics are not always the correct way to treat symptoms and may not be the right course of action for you. Do not assume that you will get antibiotics from the GP.

Social Prescribers

We have two social prescribers Linzi and Steph who can help support patients with a wide range of issues. They can offer advice or seek support for patients with finances, benefits, community clubs, housing these are just a few examples.

If you would like a referral to the service, you can ask at the surgery reception.

Practice Pharmacist

Joe can manage prescription requests, complete medication reviews and respond to medication queries. He will also offer support with prescribing and consulting with patients. He has bookable telephone consultations from 2pm-4pm Monday to Thursday.